

Curriculum Vitae

Education:

- Military Academy of Medicine/ Aristotelio Uniniversity of Thessaloniki
September 1993- September1999
- School of Military Medicine as 2ndLieutenantSeptember1999- September
2000.
- Board Certification in Respiratory Medicine, May 2008
- European Diploma in Adult Respiratory Medicine Sept 2014
- Update of the European Diploma in Adult Respiratory Medicine (EDARM),
2025 (Achieved 3rd rank among 155 candidates)

Intership/Residency/Fellowship

- Trainee in Military Medicine 401 General Army Hospital of Athens
September1999- September 2000
- Resident Internal Medicine 401 General Army Hospital of Athens February
2003-August 2004
- Fellowship Pulmonary Medicine Sismanoglio General Hospital of Athens
September 2004-March 2008 (with 6 months fellowship in Intensive Care
Unit)
- Visiting scholar pulmonary fellow in Medical University of South Carolina
May 2007- October 2007.
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Medical Experience:

- General Practitioner as 1st Lieutenant in military camp October 2000 – January
2003
- Attending in the Department of Pulmonary Medicine 401 General Army
Hospital of Athens, March 2008- June 2008.
- Attending in the Division of Pulmonary Medicine , Department of Medicine
411 General Army Hospital, Tripoli, Greece July 2008 –March 2021
- Pulmonologist in my private practice April 2008- present.

Publications:

- EfstratiosPanselinas, KostantinosPsathakis, et al. Right Aortic Arch with an
aberrant left subclavian Artery causing Tracheoesophageal compression. J
Bronchol 2004; 11: 266
- E Panselinas, I Kokkonouzis, et al. Congenital unilateral pulmonary artery
agenesis. Pneumon 2006; 19: 141.

- Panselinas E, Judson MA. Staple metalloptysis after lung resection for mycetoma: a case report and a review of the literature. *Am J Med Sci*. 2008 Oct;336(4):365-7
- Panselinas E, Rodgers JK, Judson MA. Clinical outcomes in sarcoidosis after cessation of infliximab treatment. *Respirology*. 2009 May;14(4):522-8
- Panselinas E, Halstead L, Schlosser RJ, Judson MA. Clinical manifestations, radiographic findings, treatment options, and outcome in sarcoidosis patients with upper respiratory tract involvement. *South Med J*. 2010 Sep;103(9):870-5.
- Panselinas E, Judson MA. Acute Pulmonary Exacerbations of Sarcoidosis. *Chest* 2012;142 (4):827-836
- Foteini V. Karakontaki, Efstratios S. Panselinas, Vlasios S. Polychronopoulos, Athanasios G. Tzioufas. Targeted therapies in interstitial lung disease secondary to systemic autoimmune rheumatic disease. Current status and future development. *Autoimmunity Reviews*. 2021;20: 102742

Contributor in medical books

- Efstratios Panselinas. Evaluation of sputum samples in stable and during acute exacerbations of COPD. In: *The role of laboratory in the evaluation of the patient with respiratory disease*. Publication of the Hellenic Thoracic Society. Athens 2009.
- Efstratios Panselinas, Vlassis Polychronopoulos, Marc A Judson. *Acute Pulmonary Exacerbations of Sarcoidosis*. In: *Acute Exacerbation of Respiratory Disease*. Pub Jaypee Brothers Medical Publisher 2012.
- Efstratios Panselinas and Marc A. Judson. *Acute Pulmonary Exacerbations of Sarcoidosis* In *Pulmonary Sarcoidosis*, Ed. Marc A. Judson Humana Press Springer 2014
- Kampolis Christos, Panselinas E, Polychronopoulos V. Pathophysiology of the Respiratory Tract. In *Basic Pathophysiology* Ed Broken Hill 2018 (Greek language) ISBN: 978-9925-563-34-0
- *Clinical Pulmonary Medicine* Polychronopoulos V, Polyzogopoulos D. Associate Editors: Drakopanagiotakis F, Panselinas E, Papanikolaou I, Skouras V. Ed Broken Hill 2022 (Greek language) ISBN: 9789925588701

Language:

English

- First Certificate in English. University of Cambridge Grade B. December 1990
- TOEFL . Date 17 Feb 2007. Total score 103/120.