

**Personal details and contact information:**

- Name: Dr Christos Christopoulos
- Address: Apollonio Private Hospital, 20 Lefkotheou Avenue, 2054 Strovolos, Nicosia, Cyprus
- Telephone number: 96006911
- E-mail address: drcchristopoulos@gmail.com

**Registrations:**

- General Medical Council
- Cyprus Medical Council
- Greek Medical Council

**Memberships:**

- British Cardiovascular Society
- American Society of Echocardiography
- Cardiology Society Cyprus

**Qualifications:**

- Masters by Research (MSc by Research)  
University of Hertfordshire  
Date awarded: 23/11/2016
- MRCP (UK)  
Federation of Royal Colleges of Physicians  
Date awarded: 13/06/2011
- Bachelor of Medicine, Bachelor of Surgery, Bachelor of Obstetrics  
Royal College of Surgeons in Ireland/National University of Ireland  
Date awarded: 26/05/2005

Christopoulos  
CC

**Specialty:** Cardiology

**Sub-specialty:** Advanced Echocardiography and Inherited Cardiomyopathies

**Clinical Interests:**

- Advanced Echocardiography (Transthoracic, transesophageal and stress echocardiography)
- Valve disease
- Inherited Cardiomyopathies (Hypertrophic cardiomyopathy, Dilated cardiomyopathy, Duchenne Muscular Dystrophy)
- Heart failure
- Coronary Artery Disease (Prevention, Angina, Myocardial infarction)
- Hypertension
- Arrhythmia
- Atrial fibrillation/Stroke prevention
- Syncope

**Employment History- posts held:**

- Consultant Cardiologist  
01/12/2018-Present  
Full-time  
Apollonio Private Hospital, Nicosia, Cyprus  
General Cardiology with special interest in advanced echocardiography and inherited cardiomyopathies.
- Registrar in Cardiology  
03/08/2017-31/07/2018  
Full-time  
Papworth Hospital NHS FoundationTrust, Papworth Everard  
CB233RE, Cambridgeshire, UK  
Supervisor: Dr Lynne Williams  
Job Description: My commitments included daily training in trans-thoracic, trans-oesophageal and stress echocardiography, attendance in structural heart, heart valve, advanced heart failure/heart transplant and interventional cardiology MDT meetings on a weekly basis, cardiomyopathy/advanced heart failure, electrophysiology and general cardiology clinic attendance on a weekly basis, on call shifts (one week every month) as the registrar for interventional cardiology, electrophysiology and cardiac imaging, providing with expert advice colleagues from other specialities within Papworth (Cardiothoracic surgery, advanced Respiratory and ITU colleagues) or colleagues from other hospitals in the region. Furthermore, during the on-call shifts I had the chance to attend daily ward rounds and attend the cath lab for coronary catheterisations, PPCIs and temporary pacing wire insertions (during night shifts). I was also the leader of the cardiac arrest team during these shifts. Finally I was required to teach medical students and other colleagues (bedside teaching, presentations).  
Level of supervision: Feedback obtained on a daily basis. Appraisals at the beginning and end of the placement.
- Registrar in Cardiology  
03/08/2016-03/08/2017  
Full-time  
Bedford Hospital NHS Trust  
South Wing, Kempston Road, Bedford, MK42 9DJ, UK  
Supervisor: Dr Manoj Goonewardene  
Job Description: I had the responsibility to look after patients in the cardiology and medical wards, CCU, cardiac

catheterization lab, cardiology outpatients and diagnostics. I was also responsible for reporting the 24 hour tapes, exercise tests and tilt tests, as well as to attend the DC cardioversion list. Furthermore I had to attend the Echocardiography and Cath lab, to learn the techniques of permanent pacing and angiography independently and assist at the PCI cases. Bedford has a regular number of medical students from Cambridge medical school and I was expected to teach both medical students and other medical staff. Also, I was expected to perform regular departmental audits, partake fully in MDT meetings and to help develop departmental protocols.

Level of supervision: Feedback obtained on a daily basis. Appraisals at the beginning and end of the placement.

- Registrar in Cardiology  
03/02/2016-02/08/2016

Full-time

Papworth Hospital NHS FoundationTrust, Papworth Everard  
CB233RE, Cambridgeshire, UK

Supervisor: Dr Lynne Williams

Job Description: My commitments included daily training in trans-thoracic, trans-oesophageal and stress echocardiography, attendance in structural heart, heart valve, advanced heart failure/heart transplant and interventional cardiology MDT meetings on a weekly basis, cardiomyopathy/advanced heart failure, electrophysiology and general cardiology clinic attendance on a weekly basis, on call shifts (one week every month) as the registrar for interventional cardiology, electrophysiology and cardiac imaging, providing with expert advice colleagues from other specialities within Papworth (Cardiothoracic surgery, advanced Respiratory and ITU colleagues) or colleagues from other hospitals in the region. Furthermore, during the on-call shifts I had the chance to attend daily ward rounds and attend the cath lab for coronary catheterisations, PPCIs and temporary pacing wire insertions (during night shifts). I was also the leader of the cardiac arrest team during these shifts. Finally I was required to teach medical students and other colleagues (bedside teaching, presentations).

Level of supervision: Feedback obtained on a daily basis. Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

04/08/2015-02/02/2016

Full-time

Papworth Hospital NHS Foundation Trust, Papworth Everard  
CB233RE, Cambridgeshire, UK

Supervisor: Dr Rosemary Rusk

Job Description: As per previous Papworth placement  
(02/2016-08/2016).

Level of supervision: Feedback obtained on a daily basis.  
Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

05/08/2014-03/08/2015

Full-time

Bedford Hospital NHS Trust

South Wing, Kempston Road, Bedford, MK42 9DJ, UK

Supervisor: Dr Awais Bokhari

Job Description: As per current Bedford Hospital placement  
(08/2016-08/2017).

Level of supervision: Feedback obtained on a daily basis.  
Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

04/02/2014-04/08/2014

Full-time

East and North Herts NHS Trust

Lister Hospital, Coreys Mill lane, Stevenage, SG14AB,  
Hertfordshire, UK

Supervisor: Dr Michael Dubowitz

Job Description: I had the responsibility to look after patients  
in the cardiology and medical wards, CCU, cardiac  
catheterization lab, cardiology outpatients and diagnostics. I  
was also responsible for reporting the 24 hour tapes,  
exercise tests and tilt tests, as well as to review GP clinic  
referral letters and request tests if required. Furthermore I  
had to attend the Echocardiography and Cath lab, to learn  
the techniques of permanent pacing and angiography  
independently and assist at the PCI cases (including PPCI).  
Also, I was required to teach medical students and other  
colleagues (bedside teaching, presentations).

Finally, I was expected to partake fully in MDT and  
Morbidity/Mortality meetings.

Level of supervision: Feedback obtained on a daily basis.  
Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

06/08/2013-03/02/2014

Full-time

Bedford Hospital NHS Trust

South Wing, Kempston Road, Bedford, MK42 9DJ, UK

Supervisor: Dr Awais Bokhari

Job Description: As per current Bedford Hospital placement (08/2016-08/2017).

Level of supervision: Feedback obtained on a daily basis.

Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

01/08/2012-05/08/2013

Full-time

Hinchingbrooke Health Care NHS Trust

Hinchingbrooke Hospital, Hinchingbrooke Park, Huntingdon, PE296NT, Cambridgeshire, UK

Supervisor: Dr Sarah Clarke

Job Description: I had the responsibility to look after patients in the cardiology and medical wards, CCU, cardiology outpatients and diagnostics. I was also responsible for reporting the 24 hour tapes and exercise tests. Furthermore I had to attend the Echocardiography lab. Once a week I had to attend the cath lab at Papworth Hospital to learn the techniques of angiography independently and assist at the PCI cases. Also, I was required to teach medical students and other colleagues (bedside teaching, presentations).

Level of supervision: Feedback obtained on a daily basis.

Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

01/02/2012-31/07/2012

Full-time

Papworth Hospital NHS FoundationTrust, Papworth Everard CB233RE, Cambridgeshire, UK

Supervisor: Dr Sharad Agarwal

Job Description: I was the electrophysiology registrar. I attended the electrophysiology lab on a daily basis for pacing and ablations, where I assisted as second operator. I also attended weekly cardiology and electrophysiology meetings. I was on the on call cardiology registrar rota (one week every month) as the registrar for interventional cardiology, electrophysiology and cardiac imaging, providing with expert advice colleagues from other specialities within Papworth (Cardiothoracic surgery, advanced Respiratory and ITU

colleagues) or colleagues from other hospitals in the region. Furthermore, during the on-call shifts I had the chance to attend daily ward rounds and attend the cath lab for coronary catheterisations, PPCIs and temporary pacing wire insertions (during night shifts). I was also the leader of the cardiac arrest team during these shifts. Finally I was required to teach medical students and other colleagues (bedside teaching, presentations).

Level of supervision: Feedback obtained on a daily basis.  
Appraisals at the beginning and end of the placement.

- Registrar in Cardiology

01/09/2011-31/01/2012

Full-time

Croydon University Hospital

530 London Road, CR77YE, Croydon, UK

Supervisor: Dr Asif Qasim

Job Description: I had the responsibility to look after patients in the cardiology and medical wards, CCU, cardiac catheterization lab, cardiology outpatients and diagnostics. I was also responsible for reporting the 24 hour tapes and exercise tests. Furthermore I had to attend the Echocardiography and Cath lab, to learn the techniques of permanent pacing and angiography independently and assist at the PCI cases. Also, I was required to teach medical students and other colleagues (bedside teaching, presentations).

Level of supervision: Feedback obtained on a daily basis.

- Research fellow in Cardiology

04/08/2009-12/08/2011

Full-time

East and North Herts NHS Trust

Lister Hospital, Coreys Mill lane, Stevenage, SG14AB, Hertfordshire, UK

Supervisor: Dr Diana Gorog

Job Description: I was responsible for recruiting patients for my research study (Registered at the University of Hertfordshire). My clinical commitments included weekly cardiology outpatients clinic attendance and weekly cath lab attendance to learn the techniques of angiography independently and assist at the PCI cases (including PPCI).

Level of supervision: Feedback obtained on a daily basis.

- Core Medical Training (Year 2) Doctor

04/02/2009-03/08/2009

Full-time

Victoria Hospital NHS Trust

Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK

Supervisor: Dr Mark O'Donnell

Job Description: I looked after medical patients on the medical wards and outpatient clinics. I was on the on call rota for general medicine.

Level of supervision: Feedback obtained on a daily basis.

Appraisal at the end of the placement.

- Core Medical Training (Year 2) Doctor

04/08/2008-03/02/2009

Full-time

Victoria Hospital NHS Trust

Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK

Supervisor: Dr Ranjit More

Job Description: I was the senior house officer based on CCU. I was on the on call rota for general medicine.

Level of supervision: Feedback obtained on a daily basis.

Appraisal at the end of the placement.

- Senior House Officer (Year 1) Trust Grade Doctor in Cardiology

01/11/2007-03/08/2008

Full-time

Victoria Hospital NHS Trust

Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK

Supervisor: Dr Ranjit More

Job Description: I looked after patients on the cardiology ward and outpatient cardiology clinics. I also attended exercise test and TILT test sessions on a weekly basis. I was on the cardiology on call rota.

Level of supervision: Feedback obtained on a daily basis.

Appraisal at the end of the placement.

- Senior House Officer (Year 1) Trust Grade Doctor in Cardiology and General medicine

02/08/2007-31/10/2007

Full-time

Victoria Hospital NHS Trust

Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK

Supervisor: Dr Shahid Mahmood

Job Description: As per previous placement at Victoria Hospital (08/2008-02/2009).



Level of supervision: Feedback obtained on a daily basis.  
Appraisal at the end of the placement.

- Foundation Year 2 Doctor  
01/08/2006-01/08/2007  
Full-time  
Victoria Hospital NHS Trust  
Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK  
Supervisor: Professor Ravi Gulati  
Job Description: I had 3 four-month rotations  
(General/Vascular Surgery, General Practice, General  
Medicine).

Level of supervision: Feedback obtained on a daily basis.  
Appraisal at the end of the placement.

- Foundation Year 1 Doctor:  
02/08/2005-31/07/2006  
Full-time  
Victoria Hospital NHS Trust  
Whinney Heys Road, Blackpool, FY38NR, Lancashire, UK  
Supervisor: Professor Ravi Gulati  
Job Description: I had 3 four-month rotations (Intensive  
care/Anaesthetics, General Surgery, General Medicine).  
Level of supervision: Feedback obtained on a daily basis.  
Appraisal at the end of the placement.

**Research Experience:**

I completed two years as a clinical research fellow in Cardiology at the Lister Hospital in Stevenage (2009-2011). I was also a part-time student at the University of Hertfordshire. The title of my research project is: 'Impaired Endogenous Thrombolysis in patients undergoing coronary angioplasty predicts cardiovascular death and non-fatal myocardial infarction'. Data collection process, statistical analysis and thesis submission were completed in April 2016. Successful viva in September 2016. Amendments were successfully signed-off in October 2016. Masters by Research degree was awarded in November 2016.

## **Publications**

- Impaired endogenous thrombolysis predicts adverse cardiac events in patients undergoing primary percutaneous intervention.  
Christos Christopoulos, Mohamed Farag, Keith Sullivan, David Wellsted, Diana Gorog  
(Thromb Haemost 2017; 117(03): 457-470)
- An uncommon complication of Atrial fibrillation  
M. Mallouppas, C. Christopoulos, W. Watson, R. Cader, J. Cooper  
(Oxford Medical Case Reports, 2015, 232–234)
- Infectious intra-cardiac masses.  
(Published by myself on WikiECHO, online encyclopedia)
- PAR-1 antagonist vorapaxar favorably improves global thrombotic status in patients with coronary disease.  
G. Rosser, P. Tricoci, D. Morrow, C. Christopoulos, M. N. Niespialowska-Steuden, R. Kozarski, R. Wilcox, D. A. Gorog  
(J Throm Thrombolysis 2014 Nov;38(4):423-9. doi: 10.1007/s11239-014-1075-4)
- Impaired thrombolysis: a novel cardiovascular risk factor in end-stage renal disease.  
Sumeet Sharma, Ken Farrington, Robert Kozarski, Christos Christopoulos, Maria Niespialowska-Steuden, Daniel Moffat, and Diana A. Gorog  
(European Heart Journal. doi:10.1093/eurheartj/ehs300)
- Insertion of temporary pacing wire skills for medical registrars in the UK.  
Sharma S, Sandler B, Christopoulos C, Saraf S, Markides V, Gorog DA  
(Emerg Med J doi:10.1136/emered-2011-200044)
- Local drug delivery for percutaneous coronary intervention.  
S. Sharma, C. Christopoulos, N. Kukreja, D.A. Gorog  
(Pharmacol Ther. 2011 Mar; 129(3):260-6. Epub 2010 Nov 25)
- Impaired Endogenous Thrombolysis in Acute Coronary Syndrome patients predicts cardiovascular death and nonfatal Myocardial Infarction.  
Smriti Saraf, Christos Christopoulos, Imen Ben Salha, David J. Stott, Diana A. Gorog  
(Journal of the American College of Cardiology/ Vol. 55, No. 19, 2010)

- Drug-eluting balloon: new tool in the box.  
Sumeet Sharma, Neville Kukreja, Christos Christopoulos,  
Diana A Gorog  
(Expert review of medical devices/ May 2010, Vol. 7, No. 3,  
Pages 381-388)

**Presentations:**

- Cardiovascular disease and diet  
(University of Nicosia)  
January 2019
- Management of patients following out-of-hospital cardiac arrest (current guidelines)  
(Bedford Hospital)  
March 2017
- Atrial fibrillation (AF) management and AF Audit presentations  
(Bedford Hospital)  
November 2016
- Fundamentals of DSE  
(Papworth Hospital)  
May 2016
- Presented in the emergency department with skin rash and discharged following coronary angioplasty: a medical case of Kounis syndrome (Papworth Hospital Cardiology department weekly meeting)  
September 2015
- New Guidance for treatment of Cardiovascular disease  
(Morbidity and Mortality meeting Lister Hospital)  
June 2014
- Morbidity and Mortality meeting  
(Lister Hospital)  
April 2014
- Endogenous Thrombolysis role in patients with ACS and Atrial Fibrillation (poster)  
(ACC Conference in Washington)  
March 2014
- Getting the point-Traumatic Aorto-right atrium fistula  
(Bedford Hospital)  
December 2013
- Chest Pain (Bedford Hospital)  
(November 2013)
- Assessment of patients with chest pain, Audit presentation  
(Hinchingbrooke Hospital)  
July 2013
- Atrial Fibrillation Management (ESC Guidelines 2012)  
(Hinchingbrooke Hospital)  
May 2013

- 'Spontaneous ST-segment resolution in STEMI patients correlates with enhanced Endogenous Thrombolysis (ET) using a point-of-care assay' (poster) (ACC Conference in San Francisco)  
March 2013
- Impaired Endogenous Thrombolysis predicts fistula thrombosis in End-stage Renal Disease (poster)  
(ACC conference in Chicago)  
March 2012
- Use of Eplerenone in Heart failure patients (poster)  
(European Society of Heart failure conference in Berlin)  
May 2010

**Conferences Attended:**

- EuroEcho Imaging Annual Conference (2017)
- American Society of Echocardiography Annual Conference (2017)
- American College Cardiology Annual Conference (2016)
- American College Cardiology Annual Conference (2015)
- American College Cardiology Annual Conference (2014)
- European Society of Heart failure Annual Conference (2014)
- American College Cardiology Annual Conference (2013)
- European Society of Cardiology Annual Conference (2011)
- European Society of Heart failure Annual Conference (2010)
- British Cardiovascular Society Annual Conference (2010)

**Courses Attended:**

- Best Practice Cardiology 2018 (2018)
- On-The-job Teaching (2017)
- Management and Leadership (2017)
- ALS re-certification (2017)
- Best Practice Cardiology 2017 (2017)
- Future of Heart Failure (UK Meeting) (2017)
- Pulmonary Hypertension and interpretation of right heart catheter data (2016)
- Fundamentals of pacing check (2016)
- East of England Cardiology Registrar training days (2016) (2 sessions)
- Cardiac CT (2015)
- Best Practice Cardiology (2014)
- East of England Cardiology Registrar training days (2014) (2 sessions)
- Acute Heart Failure (2013)
- ALS re-certification (2013)
- East of England Cardiology Registrar training days (2013) (2 sessions)
- East of England Cardiology Registrar training days (2012) (4 sessions)
- BCS A Career in Cardiology (2012)
- Practical Cardiac Pacing (2011)
- IRMER Course (2010)
- Best Practice Cardiology (2009)
- Chronic stable angina (2009)
- Introduction to cardiac catheterisation and PCI (2009)
- Cardiac Emergencies Course (2009)
- BMJ Masterclass in Cardiology (2008)
- ALERT Course (2005)



**Audit:**

- Assessment of atrial fibrillation/flutter patients in the Acute Medical Unit  
(2016) Bedford Hospital  
(Appropriate Treatment provided this time)  
This was a Re-audit in order to complete Audit cycle
- Assessment of atrial fibrillation/flutter patients in the Acute Medical Unit (2015) Bedford Hospital  
(No appropriate treatment is provided by the medical team of the Hospital)
- Investigation of chest pain, based on NICE Guidelines (2013), Hinchingbrooke Hospital.  
(Only 10% of patients referred satisfied NICE Guidance for chest pain investigation).  
Results presented during audit meeting at Hinchingbrooke Hospital
- Temporary pacing wire insertion skills for Medical Registrars (2010).  
Queen Elizabeth II Hospital Welwyn Garden City.  
(Less than 20% of medical registrars are confident to perform this procedure independently)  
Publications of the results in the Emergency Medicine Journal in 2011
- Use of Eplerenone in Heart Failure patients (2009).  
Victoria Hospital Blackpool.  
(Medication had not been prescribed adequately as per NICE Guidelines)  
Poster presentation of the findings during European Heart failure Conference in Berlin (2010)

**Teaching and training experience:**

- Clinical skills tutor and OSCE examiner at Nicosia branch of St George's University of London (2018, 2019).
- On-the-job Teaching course (2017)
- Certificate for teaching medical students from St George's University of London (2013)  
I attended teaching for clinical skills tutors, organized by St George's University of London
- Contributor to MRCP Part 1 preparation course (2013)  
Contributed to this organisation by creating multiple-choice questions related to Cardiovascular disease and providing answer explanations.
- Certificate of teaching (Croydon University Hospital) (2012)  
Power-point presentation at Croydon University Hospital regarding Investigation and management of MI and ACS
- On-the-job Teaching course (2009)  
Teaching skills course, organised by the Royal College of Physicians

**Management experience:**

- Management and Leadership course (2017).
- Management skills course for junior and middle-grade doctors  
(One-day course for management skills needed for junior and middle-grade doctors) (2011).

**Any extra activities:**

- In addition to my clinical and research work, I have always enjoyed reading and reflecting on papers, being up-to-date with new research and new pharmacotherapy.