

# CURRICULUM VITAE

## Dr. Antigoni Pontikou

### PERSONAL DETAILS:

First name Antigoni  
Surname Pontikou  
Address Ayiou Ilarionos 10 , Latsia 2235  
  
Telephone Numbers 00357 99582420  
0035722469000  
  
E-mail address pontikouantigoni@yahoo.com

### QUALIFICATIONS

**June 1995:** “\_Apolitirio Likiou” - Kikkos B-High School,Grade:18,36

**October 2001:**

<PTICHIO IATRIKIS >. Medical Department, Health Science School, Medical University of Ovidius-Constanta (Grade 8,67)-Excellent.

**November 2002:** Recognition of medical diploma after DIKATSA examinations in Athens

**April 2008:** Attended and succeeded the Specialty Examinations in Athens, receiving the diploma of specialty in Anesthesiology.

### CLINICAL EXPERIENCE

**November 2001-November 2002:** Senior House Officer at Nicosia General hospital. Six months in the Internal Medicine Department and six months in the General Surgery Department.

**Mar 2003 - October 2004:** Senior House officer (Trainee) in Anesthetics in the Department of Anesthesiology at Nicosia General Hospital.

**November 2004-March 2008:**

Senior House Officer (Trainee) in Anaesthesiology, Hellenic “Red Cross” Hospital of Athens.

**2008-2010** Consultant Anesthetist at Cyprus Oncology Center as a Co-coordinator of the Pain Management Department

**2008-until now**

Consultant Anesthetist at APOLLONION PRIVATE HOSPITAL

Our hospital functions with six operation theatres that work 24hours /day and covers all major surgical specialties for both adults and children.

I work with all surgical specialties: General Surgery, Plastic Surgery, Urology, ENT, Orthopedic Surgery, Gynecology-Obstetrics, Neurosurgery, Pediatrics Surgery, Bariatric Surgery, Vascular Surgery (especially minimal invasive)

With special interest in the field of Interventional Cardiology including Trans catheter aortic valve replacement, Trans catheter mitral valve repair

**TEACHING.**

Clinical instructor for Medical School students (General Surgery Course): Practical skills and Lectures

**Oral Presentations:**

- Subject: “Postoperative Auto-transfusion of Shed Blood in Total Hip Arthroplasty”  
Rousakis G., **Pontikou A.**, Foniadakis D., Xynis E., Thanopoulos J., Fassaris A., Theodoratos G. ( presented at the International Congress of Orthopaedic Anaesthesia and Pain, Instabul 26-29 April 2007)

Anaesthetic Department of Hellenic Red Cross Hospital of Athens

Orthopedic Department of Hellenic Red Cross Hospital of Athens

**This Oral presentation was awarded as best oral presentation of the Congress.**

- Subject: “Endovascular management of abdominal aortic aneurism .Results of three Anaesthesia techniques”  
Georgakis P, Grigoriou S, Ksinis E, Ritsoti L, **Pontikou A**, Katsouli E.  
*Anaesthetic Department of Hellenic Red Cross Hospital of Athens (presented in the 17 th Hellenic Congress of Anaesthesia Athens ,May 2007)*

- Subject: “Τεχνικές αυτομετάγγισης στην Ολική Αρθροπλαστική Ισχίου”  
Ρουσάκης **Ποντικού Α**, Φωνιαδάκη Δ, Ξινή Η, Θανόπουλος Ι, Φάσσαρης Α, Θεοδωράτος Γ  
Τμήμα Αναισθησιολογίας Ελληνικός Ερυθρός Σταυρός (presented in the 63 th Hellenic Orthopedic congress, Athens, October 2007)

- Subject: “ Burn out syndrome in Greek Anesthesiologists : preliminary results **Pontikou** ,Fassaris A, Michaloglou A. Pittakas M. Mpoutsi S. Tsiotou A, Mavromati .  
*Anaesthetic Department of Hellenic Red Cross Hospital of Athens*  
(presented in the 34 th Hellenic Medical Conference May 2008 Athens)
- Subject: “Surgical management of pulmonary metastasis of malignant melanoma.  
G.Athanasiaides,Ch. Pavlidou,A.Stamatelopoulos ,D.Foniadaki,**A.Pontikou**,  
K.Oikonomou,L.Zoganas  
Department of Anaesthesia and Department of Thoracic Surgery Red Cross Hospital Athens  
Presented in the 8<sup>th</sup> Hellenic conference of North Greece(2007)
- Subject: ‘Local anesthetic toxicity syndrome’  
Oral presentation A.Pontikou  
Anesthetic department of Apollonion Private Hospital  
(presented in the National congress of Anesthesia,Cyprus 2017)

### **Poster Presentations :**

- Subject: “Burn out syndrome among Greek Anaesthesiologists ”

**Pontikou A.**,Fassaris A.,Zacharopoulou P.,Mavrommati E.,Sergentanis T.  
Anesthesiology department RED CROSS HOSPITAL.  
Presented in the Euroanaesthesia conference in Denmark June 2008.

### **COURSES ATTENDED**

I am really interested in Emergency life support and since 2005 I am a full ALS instructor as a member of ERC courses that are organized in Cyprus and in Athens. Since 2007 I have been a full EPLS (European pediatric life support) instructor, attending courses that are organized in Athens and Ioannina.

- PHTLS provider (Prehospital trauma life support ) 2003,Nicosia
- ALS provider (European Resuscitation Council ,April 2004)
- ATLS provider (American College of Surgeons, Hellenic Chapter , March 2005)
- ALS Generic Instructor Course (European Resuscitation Council, Hungary ,May 2004)
- **ALS Instructor** by 2005. Attend ALS provider courses as an instructor since 2005
- EPLS provider (European Resuscitation council, June 2007)
- **EPLS instructor** since November 2007.
- **EPLS Course director in Cyprus** since 2010
- 1<sup>st</sup> scientific symposium on Resuscitation :The new guidelines :What is changing and why.(December 2005 ,Nicosia)
- Electrolytes Disorders & Acid-Base Balance (Hellenic Society of Surgeons, Nov 2006)/CPD:3
- Attended Courses organized by the Greek Society of Anesthesiology:
  - 1) Critical incident and Anaesthesia.>- November 2006
  - 2) Critical incident from cardiovascular system during the perioperative period in cardiovascular patients > February 2007
  - 3) Monitoring of respiratory system-mechanical ventilation> -March 2007
- Training course for the use and management of the system of continuous replacement of renal function
- Attendance of the 3<sup>rd</sup> scientific symposium: <Anaesthesia in Orthopaedic surgery > (Athens 2-3 February 2007) ,UEMS:8p
  - Attendance of the 2<sup>nd</sup> F.E.E.A course (Thessaloniki ,February 2008)
  - Attendance of seminar <Prescribing opioids :problems and difficulties> (34<sup>th</sup> Hellenic Medical congress, Athens, May 2008)
    - Attendance of seminar:<Perioperative medicine> (34<sup>th</sup> Hellenic Medical congress, Athens ,May 2008)
  - Participation as an instructor in the seminar: <Airway management> organised by the Hellenic Society of Anaesthesiology (34<sup>th</sup> Hellenic Medical congress, Athens ,May 2008)
  - Participation at various annual meetings of Anesthesiology in Europe (ESRA, ESA, OAA annual courses)
  - Participation at Annual Regional Anesthesia hands-on workshops

### **Memberships:**

- Member of the Greek Society of Anesthesiologists

- Member of the Society of Anesthesia and Intensive Care Medicine of Northern Greece.
- Member of the Greek Medical Association
- Member of the Obstetric Anesthetist Association
- Member of the European Society of Anesthesiologists
- Member of the European Society of Regional Anesthesia
- Deputy Chairman of Health and Safety Committee of Apollonion Hospital
- Member of the Scientific committee of Apollonion Private hospital

**OTHER INTERESTS:**

**Reading, jogging, music movies cooking, travelling .**

Native language: Greek

Other: English, Romanian