

CURRICULUM VITAE

Dr. Antigoni Pontikou

PERSONAL DETAILS:

First name	Antigoni
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QUALIFICATIONS

June 1995: “_Apolitirio Likiou” - Kikkos B-High School, Grade:18,36

October 2001:

<PTICHIO IATRIKIS >. Medical Department, Health Science School, Medical University of Ovidius-Constanta (Grade 8,67)-Excellent.

November 2002: Recognition of medical diploma after DIKATSA examinations in Athens

April 2008: Attended and succeeded the Specialty Examinations in Athens, receiving the diploma of specialty in Anesthesiology.

CLINICAL EXPERIENCE

November 2001-November 2002: Senior House Officer at Nicosia General hospital. Six months in the Internal Medicine Department and six months in the General Surgery Department.

Mar 2003 - October 2004: Senior House officer (Trainee) in Anesthetics in the Department of Anesthesiology at Nicosia General Hospital.

November 2004-March 2008:

Senior House Officer (Trainee) in Anaesthesiology, Hellenic “Red Cross” Hospital of Athens.

2008-2010 Consultant Anesthetist at Cyprus Oncology Center as a Co-coordinator of the Pain Management Department

2008-until now

Consultant Anesthetist at APOLLONION PRIVATE HOSPITAL

Our hospital functions with six operation theatres that work 24hours /day and covers all major surgical specialties for both adults and children.

I work with all surgical specialties: General Surgery, Plastic Surgery, Urology, ENT, Orthopedic Surgery, Gynecology-Obstetrics, Neurosurgery, Pediatrics Surgery, Bariatric Surgery, Vascular Surgery (especially minimal invasive)

With special interest in the field of Interventional Cardiology including Trans catheter aortic valve replacement, Trans catheter mitral valve repair

TEACHING.

Clinical instructor for Medical School students (General Surgery Course): Practical skills and Lectures

Oral Presentations:

- Subject: “Postoperative Auto-transfusion of Shed Blood in Total Hip Arthroplasty”
Rousakis G., **Pontikou A.**, Foniadakis D., Xynis E., Thanopoulos J., Fassaris A., Theodoratos G. (presented at the International Congress of Orthopaedic Anaesthesia and Pain, Instabul 26-29 April 2007)

Anaesthetic Department of Hellenic Red Cross Hospital of Athens

Orthopedic Department of Hellenic Red Cross Hospital of Athens

This Oral presentation was awarded as best oral presentation of the Congress.

- Subject: “Endovascular management of abdominal aortic aneurism .Results of three Anaesthesia techniques”

Georgakis P, Grigoriou S, Ksinis E, Ritsoti L, **Pontikou A**, Katsouli E.

Anaesthetic Department of Hellenic Red Cross Hospital of Athens (presented in the 17 th Hellenic Congress of Anaesthesia Athens ,May 2007)

- Subject: “Τεχνικές αυτομετάγγισης στην Ολική Αρθροπλαστική Ισχίου”

Ρουσάκης **Ποντικού Α**, Φωνιαδάκη Δ, Ξινής Η, Θανόπουλος Ι, Φάσσαρης Α, Θεοδωράτος Γ

Τμήμα Ανασθησιολογίας Ελληνικός Ερυθρός Σταυρός (presented in the 63 th Hellenic Orthopedic congress, Athens, October 2007)

- Subject: “ Burn out syndrome in Greek Anesthesiologists : preliminary results
Pontikou ,Fassaris A, Michaloglou A. Pittakas M. Mpoutsi S. Tsiotou A, Mavromati .
Anaesthetic Department of Hellenic Red Cross Hospital of Athens
(presented in the 34 th Hellenic Medical Conference May 2008 Athens)
- Subject: “Surgical management of pulmonary metastasis of malignant melanoma.
G.Athanasiades,Ch. Pavlidou,A.Stamatelopoulos ,D.Foniadaki,**A.Pontikou**,
K.Oikonomou,L.Zogas
Department of Anaesthesia and Department of Thoracic Surgery Red Cross Hospital Athens
Presented in the 8th Hellenic conference of North Greece(2007)
- Subject: ‘Local anesthetic toxicity syndrome’
Oral presentation A.Pontikou
Anesthetic department of Apollonion Private Hospital
(presented in the National congress of Anesthesia,Cyprus 2017)

Poster Presentations :

- Subject: “Burn out syndrome among Greek Anaesthesiologists ”
Pontikou A.,Fassaris A.,Zacharopoulou P.,Mavrommati E.,Sergentanis T.
Anesthesiology department RED CROSS HOSPITAL.
Presented in the Euroanaesthesia conference in Denmark June 2008.

COURSES ATTENDED

I am really interested in Emergency life support and since 2005 I am a full ALS instructor as a member of ERC courses that are organized in Cyprus and in Athens. Since 2007 I have been a full EPLS (European pediatric life support) instructor, attending courses that are organized in Athens and Ioannina.

- PHTLS provider (Prehospital trauma life support) 2003,Nicosia
- ALS provider (European Resuscitation Council ,April 2004)
- ATLS provider (American College of Surgeons, Hellenic Chapter , March 2005)
- ALS Generic Instructor Course (European Resuscitation Council, Hungary ,May 2004)
- **ALS Instructor** by 2005. Attend ALS provider courses as an instructor since 2005
- EPLS provider (European Resuscitation council, June 2007)
- **EPLS instructor** since November 2007.
- **EPLS Course director in Cyprus** since 2010
- 1st scientific symposium on Resuscitation :The new guidelines :What is changing and why.(December 2005 ,Nicosia)
- Electrolytes Disorders & Acid-Base Balance (Hellenic Society of Surgeons, Nov 2006)/CPD:3
- Attended Courses organized by the Greek Society of Anesthesiology:
 - 1) Critical incident and Anaesthesia.>- November 2006
 - 2) Critical incident from cardiovascular system during the perioperative period in cardiovascular patients > February 2007
 - 3) Monitoring of respiratory system-mechanical ventilation> -March 2007
- Training course for the use and management of the system of continuous replacement of renal function
- Attendance of the 3rd scientific symposium: <Anaesthesia in Orthopaedic surgery > (Athens 2-3 February 2007) ,UEMS:8p
 - Attendance of the 2nd F.E.E.A course (Thessaloniki ,February 2008)
 - Attendance of seminar <Prescribing opioids :problems and difficulties> (34th Hellenic Medical congress, Athens, May 2008)
 - Attendance of seminar:<Perioperative medicine> (34th Hellenic Medical congress, Athens ,May 2008)
- Participation as an instructor in the seminar: <Airway management> organised by the Hellenic Society of Anaesthesiology (34th Hellenic Medical congress, Athens ,May 2008)
- Participation at various annual meetings of Anesthesiology in Europe (ESRA, ESA, OAA annual courses)
- Participation at Annual Regional Anesthesia hands-on workshops

Memberships:

- Member of the Greek Society of Anesthesiologists

- Member of the Society of Anesthesia and Intensive Care Medicine of Northern Greece.
- Member of the Greek Medical Association
- Member of the Obstetric Anesthetist Association
- Member of the European Society of Anesthesiologists
- Member of the European Society of Regional Anesthesia
- Deputy Chairman of Health and Safety Committee of Apollonion Hospital
- Member of the Scientific committee of Apollonion Private hospital

OTHER INTERESTS:

Reading, jogging, music movies cooking, travelling .

Native language: Greek

Other: English, Romanian