

Curriculum vitae

Doctor: Lambrianou Xanthoula
Neurosurgeon

NICOSIA, CYPRUS

AUGUST 2024

NAME: Lambrianou Xanthoula

FATHER NAME: George

PLACE OF BIRTH: Paphos, Cyprus

DATE OF BIRTH: 14-08-1992

FAMILY STATUS: Single

CITIZENSHIP: Cypriot

EMAIL: xanthi_la@hotmail.com

FOREIGN LANGUAGES: English

SPECIALTY: Neurosurgeon

CURRENT POSITION: Neurosurgeon at Apollonion Hospital, Nicosia, Cyprus

Education/Training:

- Medical School: University of Larissa, Medical School of Thessaly, Greece, 2010-2016 M.D Degree
- General Surgery Internship: General Surgery Department, General Hospital of Larissa, Greece 11/11/2016-01/07/2018
- Residency in Neurological Surgery: Department of Neurosurgery, University Hospital of Larissa, Medical School of Thessaly, Greece, 09/07/2018- 08/01/2023
- Rural Doctor at Medical center of Koufonisi island, Greece 13/02/2023-12/01/2024
- Neurosurgeon at Apollonion Hospital, Nicosia, Cyprus. 13/05/2024-today

Medical certifications:

- BLS(2015)
- ATLS(2016)
- ALS (2017)
- ILS (2017)
- European Spine Course Diploma Curriculum(2023)

Professional Societies and Organizations:

- Member of Hellenic Medical Association
- Member of Hellenic Neurosurgical Society
- Member of European Association of Neurosurgical Societies

Publications:

- European women in neurosurgery: I – A chronology of trailblazers. Silvia Hernández-Durán, Mary Murphy, Eliana Kim, Noora Al-Shehhi, Marike Broekman, Mania de Praeter , Annie Dubuisson , Évelyne Emery , Nurperi Gazioglu , Rachel Grossmanm, Insa Katrin Janssen, Maria Karampouga , Lika Khorbaladze , **Xanthoula Lambrianou** , Laura Lippa ,Hulda Magnadottir , Stiliana Mihaylova, Ermira Pajaj , Katrin Rabiei c,v, Ana Rodríguez-Hernández ,Anastasia Tasiou , Pia Vayssiere, Gail Rosseau [https:// doi.org/10.1016/j.jocn.2021.01.026](https://doi.org/10.1016/j.jocn.2021.01.026) 0967-5868/_ 2021 Published by Elsevier Ltd.
- European women in neurosurgery: II – Historical characters and living legends. Mary Murphy, Silvia Hernández-Durán, Eliana Kim, Noora Al-Shehhi, Marike Broekman, Mania de Praeter, Annie Dubuisson, Évelyne Emery, Nurperi Gazioglu , Rachel Grossman ,Insa Katrin Janssen, Maria Karampouga, Lika Khorbaladze, **Xanthoula Lambrianou**, Laura Lippa, ,Hulda Magnadottir, Stiliana Mihaylova, Ermira Pajaj, Katrin Rabiei, Ana Rodríguez-Hernández, Anastasia Tasiou, Pia Vayssiere, Gail Rosseau <https://doi.org/10.1016/j.jocn.2021.01.024>0967-5868/_ 2021 Elsevier Ltd
- Methodological assessment of guidelines for the diagnosis and management of cerebral vasospasm using the AGREE-II tool. Anastasia Tasiou, MD, PhD, Alexandros G. Brotis, MD, PhD, Christos Tzerefos, MD, **Xanthoula Lambrianou, MD**, and Kostas N. Fountas, MD, PhD DOI: 10.3171/2021.12.FOCUS21649. Neurosurg Focus 52 (3):E11, 2022
- Women Pursuing a Neurosurgical Career in Greece. **Lambrianou Xanthoula**, Tasiou Anastasia. World Neurosurg. 2022 Aug;164:270-275. doi: 10.1016/j.wneu.2022.05.025. Epub 2022 May 13.PMID: 35577203
- Critical Assessment of the Guidelines-Based Management of Severe Traumatic Brain Injury with the Appraisal of Guidelines for Research and Evaluation II. Maria D Karagianni , Anastasia Tasiou , Alexandros G Brotis , Christos Tzerefos , **Xanthoula Lambrianou** , Tzannis Alkiviadis , Adamantios Kalogeras , Theodosios Spiliotopoulos , Christina Arvaniti , Manthia Papageorgakopoulou , Charalambos Gatos , Konstantinos N Fountas. World Neurosurg 2023 Aug;176:179-188. doi: 10.1016/j.wneu.2023.01.054. Epub 2023 Jan 20.
- Gender differences in work-life balance of European neurosurgeons. **Xanthoula Lambrianou** , Christos Tzerefos , Insa K Janssen , Stiliana Mihaylova , Aysegul Esen Aydin , Selma Al-Ahmad , Marike Ld Broekman , Nurperi Gazioglu , Silvia Hernandez Duran , Daniela Luminita Ivan , Maria Karampouga , Hulda B Magnadottir , Ermira Pajaj , Ana Rodríguez-Hernández , Gail Rosseau , Niina Salokorpi , Eleni Tsianaka , Pia Vayssiere , Mary Murphy , Anastasia Tasiou. Brain Spine 2022 Sep 5;2:101100. doi: 10.1016/j.bas.2022.101100. eCollection 2022.

- Critical Appraisal of Randomized Controlled Trials on Unruptured Brain Arteriovenous Malformations. Anastasia Tasiou, Alexandros G Brotis, Christos Tzerefos, **Xanthoula Lambrianou**, Theodosios Spiliotopoulos, Cargill H Alleyne Jr, Edoardo Boccardi, Bengt Karlsson, Neil Kitchen, Torstein R Meling, Robert F Spetzler, Christos M Talias, Kostas N Fountas. World Neurosurg. 2022 Oct;166:e536-e545.doi: 10.1016/j.wneu.2022.07.043. Epub 2022 Jul 19.
- Length of Survival, Outcome, and Potential Predictors in Poor-Grade Aneurysmal Subarachnoid Hemorrhage Patients Treated with Microsurgical Clipping. **Xanthoula Lambrianou**, Christos Tzerefos, Christina Arvaniti, Anastasia Tasiou, Kostas N Fountas. CNS Neurol Disord Drug Targets. 2023 Oct 19. doi:10.2174/0118715273258678231011060312.
- European Medical Students' Views on Neurosurgery, with Emphasis on South-East Europe (Albania, Greece, Serbia, and Turkey). Aysegul Esen Aydin, Nurperi Gazioglu, Anastasia Tasiou, Stiliana Mihaylova, Niina Salokorpi, Maria Karampouga, Marike L D Broekman, Insa K Janssen, Hulda B Magnadottir, Teresa Somma, Ermira Pajaj, Silvia Hernandez Duran, Pia Vayssiere, Ana Rodríguez-Hernández, **Xanthoula Lambrianou**, Eleni Tsianaka, Gail Rosseau, Mary Murphy. World Neurosurg. 2024 May;185:e523-e531. doi: 10.1016/j.wneu.2024.02.065. Epub 2024 Feb 19.
- Caffeine, Alcohol, and Drug Use as Work Adjuncts Among Neurosurgeons. Prevalence, Contributing Factors, and Proposed Strategies. Maria Karampouga, Maria Karagianni, Stiliana Mihaylova, Aysegul Esen Aydin, Niina Salokorpi, **Xanthoula Lambrianou**, Eleni Tsianaka, Insa K Janssen, Silvia Hernandez Duran, Daniela Luminita Ivan, Ana Rodríguez-Hernandez, Marike Ld Broekman, Nurperi Gazioglu, Anastasia Tasiou, Mary Murphy. World Neurosurg. 2024 Jul 26:S1878-8750(24)01289-0 doi: 10.1016/j.wneu.2024.07.150.

Oral and Poster Presentations:

Oral presentations:

- External ventricular drainage-associated complications in a retrospective case-control study. **Lambrianou X.**, Papastergiou V., Pascalis Th., Gatos Ch., Fountas K.N. 33th Annual Congress of the Hellenic Neurosurgical Society & 4th Congress of the SeENS.
- Early postoperative re-admission rate among patients undergoing spine elective surgery for degenerative pathologies: incidence and cause analysis. **Lambrianou X.**, Tsianaka E., Tzerefos C., Tzannis A., Kalogeras A., Karagianni M., Brotis A., Tasiou A., Paterakis K., Fountas K.N. 14th Annual Congress of the Hellenic Spine Society & 44th Symposium "N.Giannestras- P.Smyrnis".
- Management of patients suffering with pediatric mild head injuries – A single Institution Experience. **X. Lambrianou**, C. Tzerefos, T. Paschalis, A. Tzannis, V. Papastergiou, A. Kalogeras, M. Karagianni, H. Gatos, A. Brotis, A. Tasiou, K.N. Fountas. 7th Annual Meeting of Serbian Neurosurgical Society.

Posters:

- Complications associated with the surgical management of intracranial meningiomas- A single institution experience. Tzannis A., **Lambrianou X.**, Papastergiou V., Tasiou A., Brotis A., Fountas K.N. 33th Annual Congress of the Hellenic Neurosurgical Society & 4th Congress of the SeENS.
- Pediatric Mild Head injuries : A single institution experience. **Lambrianou X.**, Tasiou A., Tzerefos C., Pascalis Th., Tzannis A., Papastergiou V., Kalogeras A., Gatos Ch., Brotis A., Fountas K.N. 34th Annual Congress of the Hellenic Neurosurgical Society & Joint Meeting with the Cyprus Neurosurgical Society.
- Bursitis of the coccyx in an adult patient with rheumatoid arthritis mimicking sacrococcygeal meningocele. Tzerefos C., Tzannis A., **Lambrianou X.**, Papastergiou V., Kalogeras A., Tasiou A., Gatos C., Brotis A., Fountas K.N., Paterakis K.N. 34th Annual Congress of the Hellenic Neurosurgical Society & Joint Meeting with the Cyprus Neurosurgical Society.
- Skull Fracture secondary to application of skull clamp in an adult patient: case report. Tzerefos C., Paschalis T., Tzannis A., **Lambrianou X.**, Papastergiou V., Kalogeras A., Tasiou A., Gatos C., Brotis A., Fountas K.N., Paterakis K.N. 34th Annual Congress of the Hellenic Neurosurgical Society & Joint Meeting with the Cyprus Neurosurgical Society.